

Seven Seas Brasserie



STARTERS

HOMEMADE SOUP OF THE DAY

£5.50

Warm bread roll and butter

GREEK STYLE FRIED HALLOUMI SALAD (v)

£7.50

Ripped leaves, black olives, roasted cherry tomato, tzatziki, sweet beetroot glaze

CHESTNUT MUSHROOM & PEA RISOTTO (v) (gf) (vg)

£6.95

Vegetable crisps

SALT & PEPPER SQUID

£7.50

Miso chilli mayonnaise, crispy kale, lime wedges

SUNBLUSHED TOMATO, PIMENTO, BLACK OLIVE, SPINACH & TOMATO BRUSCHETTA (v) (vg)

£6.50

Beetroot glaze

SUNDAY LUNCH

2c £17.50 | 3c £19.50

CHOOSE ANY STARTER

CHOICE OF MAIN COURSE

Served with roast potatoes, seasonal vegetables, bacon chipolata, Yorkshire pudding & roast gravy

- Roast Chicken Breast
- Roasted Sirloin Of Beef
- Char-grilled Salmon Fillet
- Chestnut Mushroom Risotto Cakes (v) (vg) (gf)

CHOOSE ANY DESSERT

BRASSERIE MENU

MAIN COURSE

KING PRAWN SPAGHETTI

£17.50

Tomato, chilli, garlic, peashoots

SWEET POTATO & CHICKPEA LOAF (v) (vg) (gf)

£14.50

Herb potatoes, seasonal vegetables

SEVEN SEAS BACON & CHEESE BURGER

£15.95

Sesame seeded brioche bun, seasoned fries, onion rings, burger sauce

HOME BAKED LASAGNE

£12.95

Tomato, baby mozzarella, pesto salad

TRADITIONAL BATTERED FISH & CHIPS

£14.50

Hand battered haddock, chunky chips, mushy peas, tarter

CARIBBEAN JERK CHICKEN THIGHS, SWEET POTATO, SPINACH & COCONUT CURRY

£14.50

Rice and beans

SUPERFOOD SALAD (v) (vg)

£12.95

Char grilled tender stem broccoli, quinoa, red cabbage, pomegranate seeds, rocket leaves, toasted pumpkin seeds, beetroot glaze

Add Chargrilled Chicken Breast or Salmon £3.00

STEAK & CHIPS

£22.50

Char grilled 8oz Sirloin Steak, chunky chips, grilled tomato, mushrooms, onion rings, peppercorn sauce

SIDES £4.50

- Seasoned Fries
- Chunky Chips
- Garlic Butter & Mozzarella Flatbread
- Seasonal Vegetables
- Caesar Side Salad

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DESSERT £6.50

WARM CHOCOLATE FONDANT

Vanilla pod ice cream

SUGAR COATED DIPPING CHURROS

Chocolate sauce, salted caramel sauce

STICKY TOFFEE PUDDING (vg)

Plant based cream, fresh raspberries

COCONUT & STRAWBERRY ETON MESS (gf)

Broken meringue, fresh strawberries, toasted coconut, vanilla pod ice cream, freshly whipped cream

SELECTION OF DAIRY ICE CREAMS

Vanilla pod, chocolate chip and raspberry ripple, café curls

DELI MEAL DEAL £7.50

Sandwich, Side, Snack, Tea and Coffee

Classic deli sandwich on soft white bloomer, malted wheat or gluten free bread.

- Egg, Mayonnaise, Cress (v)
- Ham & Cheese Ploughman's
- Roast Chicken & Stuffing
- Bacon, Lettuce & Tomato
- Coronation Chickpea, Lettuce & Cucumber

Served with Side Salad & Kettle Crisps
Choice of Tea, Coffee, Cappuccino or Fruit Juice

COFFEE & CAKE £5.50



WHITES

175ml 250ml Bottle

Luna Azul Sauvignon Blanc £5.50 £7.00 £21.00

(Chile)

"Expect a burst of passion fruit and guava from this delightful Sauvignon Blanc. A simple lifted floral finish that is clean on the palate."

Sereno Pinot Grigio £5.70 £7.40 £22.00

(Italy)

"This delicious wine has a light citrus aroma which leads to a mixture of juicy fruits and just a hint of vanilla on the palate."

The Guv'nor Blanco £5.70 £7.40 £22.00

(Spain)

"Bursting with tropical fruit flavours and a fresh citrus edge this rich satisfying white, like The Guv'nor, knows how to deliver"

Down Under Chardonnay £5.70 £7.40 £22.00

(Australia)

"This Chardonnay displays classic characteristics of zesty lemon and apple aromas. Flavours of white peach and pear burst on the palate."

Long White Cloud Sauvignon Blanc £30.00

(New Zealand)

"Our deliciously crisp and fresh Marlborough Sauvignon Blanc shows wonderful green citrus notes alongside ripe stonefruit flavours."

WINE LIST

REDS

175ml 250ml Bottle

Luna Azul Merlot £5.50 £7.00 £21.00

(Chile)

"This attractive Merlot displays varietal aromas of cassis and liquorice. With flavours of plum, sweet spice and a hint of chocolate."

Central Monte Cabernet Sauvignon £5.70 £7.40 £22.00

(Chile)

"Full bodied and velvety this wine is bursting with rich red fruits and a hint of vanilla. A real joy to drink."

Down Under Shiraz £5.70 £7.40 £22.00

(Australia)

"Lovely plum aromas with a hint of pepper and spice. Complimented by a luscious berry palate."

The Guv'nor Tempranillo £5.70 £7.40 £22.00

(Spain)

"Rich aromas of dark fruit lead to a full-bodied and fruity wine with oaky vanilla notes and a long, expressive finish. "

Bodega Piedra Negra Malbec £30.00

(Argentina)

"Bright ruby colour. On the nose red summer fruit aromas dominate with a slight touch of black pepper. On the palate there is an attractive concentration of ripe red fruits which gives volume to the wine. It has a good structure and the tannins are soft and smooth."

Viña Cerrada Crianza Rioja £30.00

(Spain)

"Striking plum above other various red berries, classic vanilla with a touch pepper, kicking at the end. Medium body making justice to its ageing and good finish."



ROSÉ

175ml 250ml Bottle

Sereno Pinot Grigio Blush £5.50 £7.00 £21.00

(Italy)

"The height of fashion – light fresh strawberry flavours and very easy drinking."

Charlie Zin - White Zinfandel £5.70 £7.40 £22.00

(USA)

"Fruity and fresh. A gorgeous rosé laden by red fruit and hints of delicate spices. Rich in flavour with an elegant and harmonious after taste."

SPARKLING & CHAMPAGNE

125ml Bottle

Prosecco Simpatico DOC £6.50 £30.00

(Italy)

"Elegant fruity aromas of apple and apricot. A smooth, fresh and well-balanced sparkling wine."

Prosecco Serenello Rosé £32.00

(Italy)

"A pale, bright pink colour with a lively perlage and persistent foam. It has intense aromas of floral scents accompanied by fruity notes of strawberries."

Moët & Chandon Champagne £60.00

(France)

"Golden straw yellow with the vibrant intensity of green apple and citrus fruit."

Moët & Chandon Rosé Champagne £65.00

(France)

"Pink with amber highlights, a lively, intense bouquet of wild strawberry, raspberry and cherry."