

Menu

Starters

HOMEMADE SOUP OF THE DAY	£6.50
Warm bread roll, butter.	
MUSHROOMS ON TOAST	£7.50
Cream and garlic chestnut mushrooms, toasted sourdough bread.	
CRISPY PANKO PRAWN SALAD	£9.00
Shredded cabbage, carrot, spring onion, coriander, soy and sesame dressing.	
WARM SOURDOUGH BREAD (ve)	£7.50
Mixed olives, oil, balsamic, hummus.	
CHICKEN LIVER PARFAIT	£8.50
Toasted Brioche, red onion marmalade.	
SPICED FALAFEL & TZATZIKI (ve) (gf)	£8.00
Crispy chickpeas, pickled red onion.	

Off The Grill

TANDOORI CHICKEN KEBAB (gf)	£19.00
Coriander rice, mini poppadoms, yoghurt dip.	
LAMB KOFTA	£18.50
Flatbread, skinny fries, side salad, tzatziki dip.	
8OZ SIRLOIN STEAK	£28.00
Chunky chips, onion ring, garlic mushroom, peppercorn sauce.	
ANGUS BEEF & BACON CHEESEBURGER	£16.00
Brioche, double cheese, lettuce, skinny fries, burger sauce.	

Before & After Dinner £10.00 Each

APEROL SPRITZ
Double Aperol, Prosecco, Soda, Orange.
LIMONCELLO SPRITZ
Double Limoncello, Prosecco, Soda, Lemon.
ESPRESSO MARTINI
Double Absolut Vanilla, Espresso, sugar syrup, coffee bean.
GOLDEN MARTINI
Whitley Neil Gin, St Germain elderflower, lemon, sugar, egg white, golden shimmer.

Seven Seas Mains

TRADITIONAL FISH & CHIPS	£18.50
Hand battered haddock fillet, thick cut chips, mushy peas.	
HOMEMADE FISH PIE	£16.50
Smoked haddock, salmon and pollock, cream sauce, chive mash, buttered kale and leek.	
HOUSE BAKED LASAGNE	£16.50
Bocconcini, sunblushed tomato and rocket salad.	
CHARGRILL CHICKEN CAESAR SALAD	£18.00
Crispy bacon, parmesan, salted croutons, Caesar dressing.	
SUPERFOOD SQUASH SALAD (ve) (gf)	£15.50
Quinoa, rocket, roasted squash, sunflower and pumpkin seed, tenderstem broccoli, beetroot glaze.	
Add chargrilled chicken breast for £4	
BUTTERNUT SQUASH & MUSHROOM RISOTTO (ve) (gf)	£16.00
Crispy onions, sage.	

Sides

SKIN ON FRIES	£4.00
THICK CUT CHIPS	£4.50
GARLIC & MOZZARELLA FLATBREAD	£6.00
CHAR GRILLED TENDERSTEM BROCCOLI	£4.50
WHOLE BATTERED ONION RINGS	£4.50

Desserts

CHOCOLATE BROWNIE	£6.50
Warm with vanilla pod ice cream, chocolate sauce.	
CHOCOLATE BLOOD ORANGE TART (ve) (gf)	£6.50
Plant based cream, citrus glaze.	
TOFFEE APPLE PAVLOVA	£7.00
Fresh cream, caramel sauce.	
SELECTION OF DAIRY ICE CREAM	£6.00
Vanilla pod, chocolate chip, strawberry.	

Wine List

Whites

175ml 250ml Bottle

VIA ALTA SAUVIGNON BLANC **£7.00 £8.90 £26.50**
(Chile)

"A fresh, zesty Sauvignon Blanc with wonderful aromatic aromas, hints of citrus and floral notes."

SERENO PINOT GRIGIO **£7.20 £9.00 £27.50**
(Italy)

"This delicious wine has a light citrus aroma which leads to a mixture of juicy fruits and just a hint of vanilla on the palate."

DOWN UNDER CHARDONNAY **£7.30 £9.00 £28.00**
(Australia)

"This Chardonnay displays classic characteristics of zesty lemon and apple aromas. Flavours of white peach and pear burst on the palate."

ENTREFLORES ALBARINO **£33.50**
(Spain)

"An intense and complex white wine with aromas of pineapple, lemon verbena and white flowers. On the palate, it is soft and rounded with ripe fruit flavours, zesty citrus and a fresh, intense finish."

LONG WHITE CLOUD SAUVIGNON BLANC **£33.50**
(New Zealand)

"Our deliciously crisp and fresh Marlborough Sauvignon Blanc shows wonderful green citrus notes alongside ripe stonefruit flavours."

Sparkling & Champagne

125ml Bottle

ThinK PROSECCO DOC **£7.00 £33.00**
(Italy)

"Elegant fruity aromas of apple and apricot. A smooth, fresh and well-balanced sparkling wine."

ThinK PROSECCO ROSÉ DOC **£36.00**
(Italy)

"A pale, bright pink colour with a lively perlage and persistent foam. It has intense aromas of floral scents accompanied by fruity notes of strawberries."

MOËT & CHANDON CHAMPAGNE **£68.00**
(France)

"Golden straw yellow with the vibrant intensity of green apple and citrus fruit."

MOËT & CHANDON ROSÉ CHAMPAGNE **£72.00**
(France)

"Pink with amber highlights, a lively, intense bouquet of wild strawberry, raspberry and cherry."

Rosé

175ml 250ml Bottle

SERENO PINOT GRIGIO BLUSH **£7.00 £8.90 £26.50**
(Italy)

"The height of fashion – light fresh strawberry flavours and very easy drinking."

CHARLIE ZIN - WHITE ZINFANDEL **£7.20 £9.00 £27.50**
(USA)

"Fruity and fresh. A gorgeous rosé laden by red fruit and hints of delicate spices. Rich in flavour with an elegant and harmonious after taste."

Reds

175ml 250ml Bottle

VIA ALTA MERLOT **£7.00 £8.90 £26.50**
(Chile)

"Rich and concentrated with flavours of plum, mulberry and vanilla. A classic example of Merlot."

DOWN UNDER SHIRAZ **£7.20 £9.00 £27.50**
(Australia)

"Lovely plum aromas with a hint of pepper and spice. Complimented by a luscious berry palate."

CENTRAL MONTE CABERNET SAUVIGNON **£7.20 £9.20 £28.00**
(Chile)

"Full bodied and velvety this wine is bursting with rich red fruits and a hint of vanilla. A real joy to drink."

THE GUV’NOR TEMPRANILLO **£6.80 £8.60 £25.50**
(Spain)

"Rich aromas of dark fruit lead to a full-bodied and fruity wine with oaky vanilla notes and a long, expressive finish."

BODEGA PIEDRA NEGRA MALBEC **£33.00**
(Argentina)

"Bright ruby colour. On the nose red summer fruit aromas dominate with a slight touch of black pepper. On the palate there is an attractive concentration of ripe red fruits which gives volume to the wine. It has a good structure and the tannins are soft and smooth."

VIÑA CERRADA CRIANZA RIOJA **£33.50**
(Spain)

"Striking plum above other various red berries, classic vanilla with a touch pepper, kicking at the end. Medium body making justice to its ageing and good finish."

